

# Kiwanis Natatorium

AMERICAN RED CROSS

## Water Safety Instructor (WSI) Class #510310-04

Prepares instructor candidates to organize and conduct courses in swimming and water safety, including Learn-to-Swim, Infant and Preschool Aquatics program, Community Water Safety, Basic Water Rescue and Water Safety Instructor Aide.

Includes: Fundamentals of Instructor Training Course.

**Prerequisites:** Minimum age of 16 years. \*Perform long shallow dive in deep water, surface dive and successfully retrieve a 10 lb. object from 8 feet of water. \*Perform wading assist with equipment. \*Correctly approach a possible head injury victim, stabilize with the head splint technique, and maintain in-line stabilization.

\*Perform a throwing assist from land using equipment. \*Perform a reaching assist from land using equipment.

\*Swim 50 yards each of the following: Front Crawl, Back Crawl, Sidestroke, Breaststroke and Elementary Backstroke.

\*Swim 10 yards Butterfly. \*Standing dive from the deck. \*Candidate must be able to pass the aquatic safety pre-course written exam.

**Class size is limited!!**

**Class Fee: \$175.00 includes materials and pool usage.**

**Session:      Class Dates: (must attend all class dates and times – 30 hours)**

<b>TUE</b>	<b>April</b>	<b>13</b>	<b>6:00 PM to 10:00 PM</b>
<b>FRI</b>	<b>April</b>	<b>16</b>	<b>6:00 PM to 10:00 PM</b>
<b>SAT</b>	<b>April</b>	<b>17</b>	<b>8:00 AM to 5:00 PM</b>
<b>SUN</b>	<b>April</b>	<b>18</b>	<b>8:00 AM to 2:00 PM</b>

**Deadline for registration: Friday, April 9th !!!!**

CONTACT MITCH LEWIS- AQUATICS MANAGER

NATATORIUM 341-2386 EXT. 6930 for additional information.