

**Kiwanis Natatorium**  
AMERICAN RED CROSS  
**LIFEGUARD TRAINING 510210-06**  
**June 2011**

1) Swim 300 yards -crawl stroke for 100 yards/breast stroke for 100 yards and combination of crawl/breast for 100 yards 2) Swim 20 yards, dive down 8 feet and retrieve a 10 lb. brick, and then swim back 20 yards -timed.

A Candidate must be a minimum 15 years of age to participate in class.

**Class size is limited!!**

**Class Fee:** \$175.00 includes materials, CPR mask and pool usage.

**Session :** Class Dates: (must attend all class dates and times – 31 hours)

Wednesday	June	1	6:00 pm to 10:00 pm
Thursday	June	2	9:00 am to 5:00 pm
Friday	June	3	9:00 am to 5:00 pm
Saturday	June	4	8:00 am to 4:00 pm
Sunday	June	5	8:00 am to 2:00 pm

**Deadline for registration: Friday, May 27 !!!!!**

Contact Mitch Lewis- Aquatics Manager  
Natatorium 341-2386 EXT. 6930 for additional information.